



stms
Society for Tennis
Medicine and Science

CONGRESS
STOCKHOLM
OCT 18-19

JOIN US!

**Tennis and
medicine
conference:
Connecting
generations
and professions**

HOSTED BY
SOPHIAHEMMET UNIVERSITY

Welcome to the 2019 World Congress of Tennis Medicine and Sports Science in Stockholm!

It is a great pleasure for us at Sophiahemmet University to welcome you all! The theme for the STMS World Congress is "Connecting Professions and Generations".

In today's fast-paced society we need to interact, communicate and share knowledge/experiences between different experts and ages in order to support the tennis society in general and the individual tennis player specifically.

We are proud to present our congress partner Capio Arthro Clinic. They will arrange a pre-conference day on Thursday and serve as main partner for the program on Friday. We are also excited to connect experiences and competences with our main partner Good to Great Tennis Academy in the Coaches program.

SCIENTIFIC PROGRAM

The program on Friday the 18th will consist of two big symposiums presented by world-class speakers covering the shoulder and spine. Important information for everyone involved with overhead athletes in any sport! In addition the day also includes special guest and key note lectures with: Brian Hainline on pain management in athletes, Jaime Fernandez on Tennis Science and Neeru Jayanthi on health risks and performance.

On Saturday the 19th the program starts off with a wake-up call in the morning with Dr Michael Turner. During the day there will be lectures with world-class speaker Tim Gabbett on Training Load, Todd Ellenbecker on The Future in tennis, Anna Melin on nutrition, Ulrika Tranaeus on physiological aspects in recovery, Anna Frohm on the parental role and special guest lecture by Dr Giovanni Di Giacomo on Shoulder Instability.

There will also be break-out sessions covering different aspects of tennis such as the female athlete, well-being of the tennis player, sports science in tennis and recovery!

WE HOPE TO SEE YOU THERE!



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Date

October 18-19, 2019 World Congress

October 17, 2019 Pre-Conference
by Capio Arthro Clinic

Venue

Sophiahemmet University,
Stockholm, Sweden

Topics

Shoulder, Spine, Sports Science

Social Event

Social get-together Friday night at
Intrum Stockholm Open

Tickets

Register now at:
www.shh.se/stmswc2019

Please visit our webpage
for detailed program and registration:
www.shh.se/stmswc2019

S O P H I A  H E M M E T
U N I V E R S I T Y